



Discussing LIFYORLI with your care team

If your ovarian cancer has stopped responding to platinum-based chemotherapy or you can no longer receive it, **now might be the right time to talk to your care team about LIFYORLI.** This guide will help you prepare for that conversation.



If you received a platinum-based chemotherapy (such as carboplatin or cisplatin), select any statement that applies to you

☐

My ovarian cancer has worsened (progressed)

☐

My ovarian cancer has come back (recurred)

☐

The treatment was less effective than my care team hoped it would be

If you selected any of the statements above, **LIFYORLI might be right for you—no biomarker* testing needed.** The questions and information on the following pages will help you and your care team make the best decision for you.

*A particular gene or protein in your cancer cells.

What is LIFYORLI?

LIFYORLI is a prescription medicine used with a chemotherapy medicine called nab-paclitaxel to treat adults with ovarian, fallopian tube, or primary peritoneal cancer who:

- Have not responded to or are no longer responding to treatment with platinum-based chemotherapy, and
- Have received 1-3 prior systemic treatments, at least one of which included bevacizumab.

It is not known if LIFYORLI is safe and effective in children.

Important Safety Information

Who should not take LIFYORLI?

Do not take LIFYORLI if you are receiving or taking a steroid medicine by mouth or injection (systemic glucocorticoid) for lifesaving purposes. LIFYORLI can make glucocorticoid medicines less effective.

Please see additional Important Safety Information throughout and [Important Facts about LIFYORLI.](#)

What to know about LIFYORLI and platinum resistance

LIFYORLI, in combination with nab-paclitaxel, is a treatment for people whose ovarian cancer has become platinum resistant. Before you talk to your care team, it is important to understand what that means and how LIFYORLI works.

About platinum resistance

- Sometimes, ovarian cancer may progress or recur after chemotherapy. When this happens, it is known as **chemotherapy resistance**
- **Platinum resistance** is a specific form of chemotherapy resistance. It happens when your cancer progresses or recurs within six months of treatment with a platinum-based chemotherapy



While treatment options for platinum-resistant ovarian cancer have historically been limited, **LIFYORLI, in combination with nab-paclitaxel, may be an option for you.**

About LIFYORLI

- LIFYORLI is a **medication for platinum-resistant ovarian cancer** that helps make a chemotherapy called nab-paclitaxel more effective in killing cancer cells
- LIFYORLI is taken as three softgel capsules once a day on **the day before, the day of, and the day after** each nab-paclitaxel infusion
- This combination has been shown to **help some women live longer** and experience a lower risk of cancer progression,^{*,†} no biomarker testing needed

^{*}In a clinical study of 381 patients, those taking LIFYORLI plus nab-paclitaxel had a 35% reduction in the risk of death and a 30% lower risk of cancer progression or death compared to those taking nab-paclitaxel alone.

[†]Progression was defined as the cancer getting worse, as measured by scans, or if the patient died for any reason, whichever occurred first.

Important Safety Information (cont'd)

The most common side effects of LIFYORLI in combination with nab-paclitaxel include

- Decreased red blood cell, white blood cell, and platelet counts
- Tiredness
- Nausea
- Diarrhea
- Rash
- Decreased appetite

Questions to ask at your next appointment

The questions below can help you and your care team have a productive conversation about the next steps for your treatment. Review them and **add a checkmark next to the ones you'd like to discuss**. There is space on page 7 for you to write notes or add questions you may have.



Understanding my options

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What are my current **treatment options**?

☐

What impact will these options **have on my day-to-day routine**?

☐

How might these treatment options differ from my **previous treatments**?

☐

What are the **most common side effects** of these treatment options?



Support during treatment

☐

What services are available to help **manage symptoms and side effects**?

☐

Are there any **additional support resources** available to me that I should know about?

Important Safety Information (cont'd)

Your healthcare provider may change your dose of LIFYORLI, delay treatment, or completely stop treatment with LIFYORLI if you have certain side effects. These are not all the possible side effects of LIFYORLI. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

Before you take LIFYORLI, tell your healthcare provider about all your medical conditions, including if you:

- Plan to have surgery or have had surgery within the past 30 days
- Have liver problems
- Are pregnant or plan to become pregnant. LIFYORLI can harm your unborn baby



Understanding LIFYORLI treatment

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What is LIFYORLI, and how is it used in combination with chemotherapy (nab-paclitaxel)?

☐

What results can I expect while taking LIFYORLI?

☐

How is LIFYORLI taken?

☐

What are the possible side effects of LIFYORLI plus nab-paclitaxel, and how can I manage them?



Tell your healthcare provider if you take steroids

Do not take LIFYORLI if you are receiving or taking a steroid medicine by mouth or injection (systemic glucocorticoid) for lifesaving purposes. LIFYORLI may make steroid medications less effective, and steroids may make LIFYORLI less effective. If you take steroids for another condition, your symptoms may get worse. Tell your doctor if you notice any changes in your symptoms while taking LIFYORLI.



Is LIFYORLI right for me?

☐

How might LIFYORLI fit into my care plan?

☐

Do I need to be tested for any specific biomarker to be able to take LIFYORLI?

☐

Will LIFYORLI affect any of the other medications I'm taking?

☐

How can I prepare for treatment with LIFYORLI?

Important Safety Information (cont'd)

Females who are able to become pregnant:

- Your healthcare provider should do a pregnancy test before you start treatment with LIFYORLI.
- Use effective birth control (contraception) during treatment with LIFYORLI and for 1 week after your last dose. Talk with your healthcare provider about birth control methods you can use during this time.
- Tell your healthcare provider right away if you become pregnant or think you are pregnant during treatment with LIFYORLI.

Males with female partners who are able to become pregnant:

- Use effective birth control (contraception) during treatment with LIFYORLI and for 1 week after your last dose.
- Are breastfeeding or plan to breastfeed. It is not known if LIFYORLI passes into your breast milk. Do not breastfeed during treatment with LIFYORLI and for 1 week after your last dose.

4 Please see additional Important Safety Information throughout and Important Facts about LIFYORLI.

 **Lifyorli**[™]
(relacorilant) 100 mg, 25 mg capsules

Your treatment history at a glance

These questions are here to help you organize key details about your treatment history in one place. It may be especially helpful if you are meeting with a new member of your care team or want a simple way to **reference your history** during the conversation.



Select the most appropriate responses below and use them as talking points during your conversation if helpful

How many different chemotherapy treatments have you received in the past?

☐

0

☐

1

☐

2

☐

3 or more

What type(s) of treatment have you received or are currently receiving? Select all that apply.

☐

Targeted therapy

☐

Platinum-based chemotherapy

☐

Immunotherapy

☐

Chemotherapy that is not platinum based

☐

Something else

☐

I've never received chemotherapy

How many times has your cancer recurred?

☐

0

☐

1

☐

2

☐

3 or more

When was the last time your cancer recurred or progressed?

☐

In the past month

☐

In the past three to six months

☐

More than six months ago

☐

My cancer hasn't recurred or progressed

Important Safety Information (cont'd)

Tell your healthcare provider about all medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Taking LIFYORLI with certain other medicines may affect how LIFYORLI or the other medicines work and may cause side effects.

Especially tell your healthcare provider if you are taking steroid medicines called glucocorticoids. Ask your healthcare provider if you are not sure if you take a glucocorticoid.

5 Please see additional Important Safety Information throughout and [Important Facts](#) about LIFYORLI.

 **Lifyorli™**
(relacorilant) 100 mg, 25 mg capsules

Support that stays with you

LIFYORLI Support™ can help you get started

If you and your doctor decide that LIFYORLI is right for you, LIFYORLI Support can connect you with:



Case Managers who can help you understand your insurance coverage and determine your potential out-of-pocket costs for LIFYORLI



LIFYORLI Support Nurse Educators to answer questions you may have about LIFYORLI and talk to you about treatment expectations*

*A LIFYORLI Support Nurse Educator cannot provide medical or clinical advice; these questions should be directed to your doctor, nurse, or pharmacist.

How can LIFYORLI Support help you afford your medication?



LIFYORLI Savings Card
If you have commercial (also known as private) health insurance, you may be eligible to **pay as little as \$0** per month for LIFYORLI.†



More options based on your insurance type
If you have government insurance, or you are uninsured or underinsured, LIFYORLI Support can help you identify other options for financial assistance.

†Up to annual program limits. Subject to Program Eligibility and Terms and Conditions. For full Terms and Conditions, please visit LIFYORLIsavingscard.com.

Learn more about how LIFYORLI Support may be able to help. Call us at 1-85-LIFYORLI (1-855-439-6754), Monday through Friday, 8 AM to 8 PM ET, or visit LIFYORLI.com/support

Additional questions and notes

Use the space below to list any additional questions you'd like to ask your care team or take notes during your appointment.

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What are the possible side effects of LIFYORLI?

LIFYORLI can cause serious side effects, including:

- **Low white blood cell count (neutropenia) and severe infections.** LIFYORLI in combination with nab-paclitaxel can cause low white blood cell counts, which can lead to a fever and severe infections and cause death. Your healthcare provider will check your blood counts before each weekly treatment with LIFYORLI in combination with nab-paclitaxel and as needed. Tell your healthcare provider right away if you have a fever, chills, weakness, confusion, or other signs or symptoms of an infection.
- **Reduced effects of the hormone cortisol (adrenal insufficiency).** LIFYORLI reduces the effect of an adrenal hormone called cortisol, which may be life-threatening and require hospitalization. This can happen at any time during treatment. Your risk of adrenal insufficiency is increased when your body is under stress, such as when you are sick, have an infection, or have surgery. Tell your healthcare provider right away if you develop the following symptoms during treatment with LIFYORLI:
 - Feeling dizzy or lightheaded
 - Worsening weakness or tiredness
 - Low blood pressure (hypotension)
 - Worsening nausea or vomiting
 - Low blood sugar (hypoglycemia)
 - Worsening loss of appetite or weight loss
- **Worsening of conditions treated with glucocorticoids.** Treatment with LIFYORLI in people who also take glucocorticoids for other conditions may worsen symptoms of these conditions. LIFYORLI makes glucocorticoids less effective, and use of glucocorticoids makes LIFYORLI less effective. If you take a glucocorticoid medicine during treatment with LIFYORLI, tell your healthcare provider if symptoms of your other condition get worse.

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- Diarrhea
- Tiredness
- Rash
- Nausea
- Decreased appetite

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- Are pregnant or plan to become pregnant. LIFYORLI can harm your unborn baby

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- Tell your healthcare provider right away if you become pregnant or think you are pregnant during treatment with LIFYORLI.

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Especially tell your healthcare provider if you are taking steroid medicines called glucocorticoids. Ask your healthcare provider if you are not sure if you take a glucocorticoid.

Please see [Important Facts](#) about LIFYORLI.